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دليل اختصاص
الطب النفسي
المجلس العلمي للاختصاص الطب النفسي
المجلس العربي للاختصاصات الصحية

Guide Book of
Psychiatry
Scientific Council of Psychiatry
The Arab Board of Health Specializations

2009

ARAB BOARD OF MEDICAL SPECIALIZATION

TRAINING PROGRAM STANDARDS IN

P S Y C H I A T R Y

FOUR-YEAR TRAINING PROGRAM

Training LogBook

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Copies of a supervisor's summative attestation to the candidate's clinical skills competence.

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An updated copy of Candidate's curriculum vitae

Acknowledgements: The items in this Log-book was adopted with modification from the document by Royal College of Psychiatrists.

A. Introduction to the log book

1. Instructions for Supervisors

The purpose of the log book is to structure the key areas of training. Local programs are encouraged to make additions as they see fit and practical for their circumstances. However, the final version should be informative of the quantity and quality of the trainee's experience. It is suggested that you ask to review this log book with the trainee at the start and towards the end of each attachment. This enables the trainee to identify the training needs, goals and educational objectives that the trainee will be addressing during training period. Acquiring general psychiatric clinical skills is the aim of training. Therefore, other recordable items like research and publications are only complementary to the overall experience but will not be considered in lieu of clinical skills acquisition.

2. Instructions for trainees

The 'log book' is a personal training file which has been adopted as a mean of helping you and your supervisors to keep track of the progress of your training. It is your responsibility to keep this log book and to maintain it. Your supervisors are required to review the contents of this logbook periodically to determine your progress and to identify your training needs.
This logbook only intended as a global source of information about your training. Further detailed documentations may be required by your local Arab Board Program with which you're enrolled.

B. Details of the trainee's experience.

1. Educational Objectives for each rotation.

2. Courses attended

Course title:	Dates	Duration	Location	Lecturer
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				

3. Meetings attended

DATE	DURATION	TITLE	LOCATION
1			
2			
3			
4			
5			
6			
7			
8			
9			

4. Presentations made by the trainee

DATE **LOCATION** **SUBJECT** **AUDIENCE**

5. Specific Skills experience

SUBJECT **DATES** **METHODS** **SUPERVISOR(S)**

ECT

Interview skills training

Assessing & Managing violence

Suicide Risk Assessment & management

Emergency psychiatry (acute psychosis, delirium, etc)

Cardiopulmonary resuscitation skills

6. Psychotherapy experience

(including individual, group, family, marital, etc.)

Mode of therapy Supervisor

Start date End date

Session frequency Total no. of sessions

Brief description of problem

Treatment strategies

Outcome

7. Other relevant experiences

C- Supervisor's verification of trainees experience

The Consultant attestation to the clinical experience and competence of the candidate needs to be attached to the log book. This can be documented in any form choosen by the program as long as it comments on four essential dimensions of clinical skills competencies; Patient-Doctor relationship, Interviewing skills, Presentation of the case including differential diagnosis, treatment planning.